

ASSESSMENT:

Pupils at Nat 5 will be assessed by a **SINGLE ONE-OFF PERFORMANCE** worth **60%** of their final mark. Learners need to prepare for, effectively perform, and evaluate their performance, the choice of physical activity will allow for personalisation and choice.

Learners would also need to pass two practical activities which are internally marked.

A **PORTFOLIO** for National 5 worth 40 % of their final mark, will require the pupil to apply the skills they have learned during the course through a series of questions. This is then sent to SQA for marking.

Homework:

Pupils will be asked to undertake a series of independent research, analysis of data and written tasks making use of the resources within the department if they do not have these at home.

Deadlines may be set throughout the year and pupils must ensure they keep to these deadlines, or make provision to use the resources within the department in their own time to keep up with these.

Concepts must be revised and consolidated each week at home to enhance understanding and deepen learning, using online resources and handouts given, plus notes taken.

Regular progress checks will be carried out in class to ensure knowledge and understanding is fully learnt.

Being videoed is an integral part of this course.