

DEPARTMENT:

ADDITIONAL SUPPORT FOR LEARNING

TITLE OF COURSE:

PERSONAL DEVELOPMENT AWARD

LEVEL:

SCQF level 3, 4, 5 or 6

RECOMMENDED ENTRY LEVELS:

none

COURSE CONTENT:

The Personal Development Award is one of the Wider Achievement Awards offered by SQA to recognise personal developments and achievements beyond academic qualifications. The Award provides opportunities for experiential learning, enables students to reflect on their progress and can help build confidence, self-reliance and self-esteem. It also provides an opportunity to demonstrate and recognise achievement in a variety of situations through working with others on collaborative projects. Projects are decided upon by the group to reflect personal interests and aspirations. Students focus on self-awareness and self-evaluation; interpersonal skills; working with others; task management skills; and planning, target setting and reviewing skills.

The aims of the course are to:

- develop knowledge of self and own development needs through self-evaluation and review
- develop self-reliance, self-esteem and confidence through supported and independent learning
- develop practical abilities
- develop task management and interpersonal skills
- have an opportunity to maximise own potential
- demonstrate and recognise achievement

The course is divided into three compulsory units at Level 3:

Self in Community**Self and Work****Practical Abilities**

At Levels 4, 5 and 6 an additional unit must also be completed:

Self-Awareness**METHODOLOGY**

Self-Awareness (SCQF Levels 4 – 6): students build confidence and self-esteem through self-evaluation of their own qualities, feelings, achievements and areas of development, whilst undertaking a group project.

Self and Community: students improve self-reliance and confidence. They will develop their interpersonal skills as they work with others to participate in a group project in the context of one or more communities.

Self and Work: students improve self-reliance and confidence by participating in setting targets for the development of task management skills while carrying out a vocational project.

Practical Abilities: students improve self-reliance and confidence by demonstrating practical abilities while participating in one or more projects.

ASSESSMENT

Assessment consists of collecting evidence to demonstrate successful completion of the outcomes for each unit. Evidence can be in a variety of formats. There is no exam.

The level achieved depends on the amount of adult support and direction required.

level	3	4	5	6
The student will work with...	directive support - the teacher will issue explicit instructions	support - the teacher will offer advice	minimum support - the teacher responds to specific questions from the student	non-directive supervision - students take responsibility for their own learning but the teacher may explain and interpret if requested
The student will ...	participate in - agree to ideas, suggestions and plans	contribute to - offer some ideas and/or suggestions	negotiate - put forward suggestions and ideas and agree a way forward	take some supervisory responsibility - take the lead in some aspects of the work
Targets, plans and activities will be ...	basic - routine and familiar	straightforward - consisting of routine elements	detailed - consisting of some routine and non-routine elements	complex - consisting of some non-routine elements