

Faculty of Health

PHYSICAL EDUCATION

S5/6 Core Physical Education

Within S5/6, we strive to inspire and challenge pupils by continuing to offer activities that will develop their personal qualities - motivation; confidence and self-esteem; determination and resilience; responsibility and leadership; respect and tolerance; communication.

We offer a menu of activities throughout the year whereby pupils can select which unit they wish to undertake and wherever possible we work in partnership with other departments, local community sports clubs and Active Schools to enhance their experience and develop core skills for life.